



ATI TEAS 6-WEEK STUDY PLAN

Practice makes perfect, right?! The writers of the ATI TEAS Exam are sharing a 6-week study plan to help guide your studying.

This study guide is designed to pair with TEAS prep products however, students can get a general idea of time spent studying per subject using the information below.



(12.25 – 21 HOURS)

WEEK 1: ENGLISH AND LANGUAGE USAGE

(1 – 4 HOURS)

TEAS Online Practice Test B:

- Complete the online TEAS Practice Assessment B. Review the results from this practice exam and highlight content areas in which scores were below 75%. (1 to 4 hours)

(10.25 – 16 HOURS)

TEAS SmartPrep:

- Access and complete the English and Language Usage Module Pretest. (.5 – 1 hour)
- Complete the 9 lessons within the English and Language Usage module. (4.5 – 6.75 hours) (Choose either Full Study Plan or Personalized Study Plan – ATI suggests the Full Study Plan if you scored below 75% in the English and Language Usage content area on the TEAS Online Practice Test B) Be sure to utilize the additional lesson enrichment features like key concept videos and the glossary. Complete the End of Lesson Quiz for each completed lesson and review question rationales before progressing to the next lesson.
- Complete the English and Language Usage Module Posttest. (.5 – 1 hour)
Review the Posttest Summary Page and question rationales. (.25 – .5 hour)
- (Optional) Complete an additional Personal Study Plan for English and Language Usage if prompted by the SmartPrep program. If all posttest questions were answered correctly, you have successfully completed this module and no additional work in this module is necessary. (4.5 – 6.75 hours)

(1 HOUR)

TEAS Study Manual:

- Read the Introduction pages VII – X and Preparation Strategies pages 1 – 3.
- Complete the ATI TEAS Preparation Strategies Worksheet on page 1 based on the results from the TEAS Practice Assessment B to identify content and concepts that have been mastered and those that remain a challenge for future test success.



WEEK 2: READING

(7.25 TO 11 HOURS)

(5 – 7.5 HOURS)

TEAS SmartPrep:

- Access and complete the Reading Module Pretest. (.5 – 1 hour)
- Complete lessons 1- 10 within the Reading Module. (4.5 – 6.75 hours)
(Choose either Full Study Plan or Personalized Study Plan – ATI suggests the Full Study Plan if you scored below 75% in the Reading content area on the TEAS Online Practice Test B) Be sure to utilize the additional lesson enrichment features like key concept videos and the glossary. Complete the End of Lesson Quiz for each completed lesson and review question rationales before progressing to the next lesson.

(2.25 – 3.5 HOURS)

TEAS Study Manual:

- Review content under Key Ideas and Details (pages 5-18) and Integration of Knowledge and Ideas (pages 39-46) and answer practice problems embedded in each section (1.75 – 2.5 hours)
- Compare Practice Problem answers to the Practice Problems answer key on pages 19 and 48. Pay attention to rationales for practice problems answered incorrectly. (0.5 – 1.0 hour)

(13.5 – 21 HOURS)

WEEK 3 READING CONTINUED:

(10.5 – 15.75 HOURS)

TEAS SmartPrep:

- Review the Reading Module Pretest outcomes from week 2 (.25 hour)
- Complete lessons 11-19 within the Reading Module. (4.5 – 6.75 hours) (Choose either Full Study Plan or Personalized Study Plan – ATI suggests the Full Study Plan if you scored below 75% in the Reading content area on the TEAS Online Practice Test B) Be sure to utilize the additional lesson enrichment features like key concept videos and the glossary. Complete the End of Lesson Quiz for each completed lesson and review question rationales.
- Complete the Reading Module Posttest. (1 – 1.5 hours)
- Review the Reading Module Posttest Summary Page and question rationales. (0.25 – 0.5 hour)
- (Optional) Complete an additional Personal Study Plan for Reading if prompted by the SmartPrep program. If all posttest questions were answered correctly, you have successfully completed this module and no additional work in this module is necessary. (4.5 – 6.75 hours)

(3.0 – 5.25 HOURS)

TEAS Study Manual:

- Reading Section: Review content under Craft and Structure (pgs. 21 – 35) and complete practice problems within these pages. (1.25 – 2 hours)

Compare Practice Problem answers to the Practice Problems answer key on pages 36 – 37. Pay attention to rationales for practice problems answered incorrectly. (0.5 – 1.0 hour)

Complete full Reading section Quiz on pages 51 – 58. (0.75 – 1.25 hours)

- Compare Reading Section quiz answers to Reading section quiz rationales on pages 59 – 61. Pay attention to rationales for quiz questions answered incorrectly. (0.5 – 1.0 hours)



(8.5 - 12.25 HOURS)

WEEK 4: SCIENCE

(5.75 - 8 HOURS)

TEAS SmartPrep:

- Access and complete the Science Module Pretest. (.75 – 1 hour)
- Complete lessons 1- 11 within the Science Module. (5 – 7 hours) (Choose either Full Study Plan or Personalized Study Plan – ATI suggests the Full Study Plan if you scored below 75% in the Science content area on the TEAS Online Practice Test B) Be sure to utilize the additional lesson enrichment features like key concept videos and the glossary. Complete the End of Lesson Quiz for each completed lesson and review question rationales before progressing to the next lesson.

(2.75 - 4.25 HOURS)

TEAS Study Manual:

- Science Section: Review content under Human Anatomy & Physiology (pgs. 107 – 128) Complete all practice problems within these pages. (2 – 3 hours)
- Compare Practice Problem answers to the Practice Problems answer key on pages 129 – 131. Pay attention to rationales for practice problems answered incorrectly. (0.75 – 1.25 hours)

(14.75 – 23 HOURS)

WEEK 5: SCIENCE CONTINUED

(11.5 – 17.75 HOURS)

TEAS SmartPrep:

- Review the Science Module Pretest outcomes from week 4 (.25 hour)
- Complete lessons 12-22 within the Science Module. (5 – 7.75 hours) (Choose either Full Study Plan or Personalized Study Plan – ATI suggests the Full Study Plan if you scored below 75% in the Science content area on the TEAS Online Practice Test B) Be sure to utilize the additional lesson enrichment features like key concept videos and the glossary. Complete the End of Lesson Quiz for each completed lesson and review question rationales.
- Complete the Science Module Posttest. (1 – 1.5 hours)
- Review the Science Module Posttest Summary Page and question rationales. (0.25 – 0.5 hour)
- (Optional) Complete an additional Personal Study Plan for Science if prompted by the SmartPrep program. If all posttest questions were answered correctly, you have successfully completed this module and no additional work in this module is necessary. (5 – 7.75 hours)

(3.25 – 5.25 HOURS)

TEAS Study Manual:

- Science Section: Review content under Life and Physical Sciences and Scientific Reasoning (pgs. 133 – 154) and complete practice problems within these pages. (2 – 3 hours)
- Compare Practice Problem answers to the Practice Problems answer key on page 155. Pay attention to rationales for practice problems answered incorrectly. (0.5 – 1.0 hour)
- Complete full Science Section Quiz on pages 157 – 160. (0.75 – 1.25 hours)
- Compare Science Section quiz answers to Science section quiz rationales on pages 161 – 162. Pay attention to rationales for quiz questions answered incorrectly. (0.75 – 1.0 hours)

(23.5 – 39.75 HOURS)

WEEK 6: MATHEMATICS

(16.75 – 25.5 HOURS)

TEAS SmartPrep:

- Access and complete the Mathematics Module Pretest. (.5 – 1 hour)
- Complete lessons 1 – 15 within the Mathematics Module. (7.5 – 11.25 hours) (Choose either Full Study Plan or Personalized Study Plan – ATI suggests the Full Study Plan if you scored below 75% in the Mathematics content area on the TEAS Online Practice Test B) Be sure to utilize the additional lesson enrichment features like key concept videos and the glossary. Complete the End of Lesson Quiz for each completed lesson and review question rationales before progressing to the next lesson.
- Complete the Mathematics Module Posttest. (1 – 1.5 hours)
- Review the Posttest Summary Page and question rationales. (.25 – .5 hour)
- (Optional) Complete an additional Personal Study Plan for Mathematics if prompted by the SmartPrep program. If all posttest questions were answered correctly, you have successfully completed this module and no additional work in this module is necessary. (7.5 – 11.25 hours)

(4.75 – 8.25 HOURS)

TEAS Study Manual:

- Mathematics Section: Review content under Number and Algebra and Measurement and Data (pgs. 65 – 97) and complete practice problems within these pages. (3 – 5 hours)
- Compare Practice Problem answers to the Practice Problems answer key on pages 36 – 37. Pay attention to rationales for practice problems answered incorrectly. (0.5 – 1.0 hour)
- Complete full Mathematics Section Quiz on pages 99 – 102. (0.75 – 1.25 hours)
- Compare Mathematics Section quiz answers to Mathematics section quiz rationales on pages 103 – 104. Pay attention to rationales for quiz questions answered incorrectly. (0.5 – 1.0 hours)

(2 - 6 HOURS)

TEAS Online Practice Assessment C

- Complete the TEAS Online Practice Assessment C. (1 – 4 hours)
- Review any areas for concern based on your online practice test C results. (1 – 2 hours)

For your best TEAS score, use our prep products

We recommend allowing at least 6 weeks of preparation prior to taking the TEAS. On a tighter schedule? Don't worry – we have solutions that fit any timeline.



Practice Assessment A

Get a baseline score highlighting subjects that need improvement.



Smart Prep

Study what you need help on most with our customized study plan.



Study Manual

Learn test taking strategies, exam day tips, and study further.



Practive Assessment B

Test your comprehension with our Online Practice Assessment Form B.

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